

1. Make sure the CEO and Senior Team support the transformation process Bottom Line: The entire senior executive team receives a high-level view of what's required, what they are transforming from and into, and commit fully to the transformational process and their roles within it.	 CEO and Sr. Team steps 1. LifeWork Systems shares survey results with client lead 2. CEO shares need for culture project with senior team 3. The senior team and CEO learn about change process and capacity building 4. Senior team understands commitments and agrees Knowledge initially provided is high level 1. 7 step process is reviewed by senior team, and each understands process and commitments 2. Responsibility-based vs. control-driven approaches are contrasted 3. Engagement and the impacts of it on business results is understood 4. Leaders learn their unique roles and responsibilities throughout and beyond initial project 5. A leadership development process is reviewed and adopted 6. A new model for the workplace culture is understood and accepted, including building a foundation of trustworthiness and distributing training for all staff. 			
2. Benchmark the existing culture to determine the starting point Bottom Line: Benchmarks may encompass different areas of company culture (e.g., trust, alignment). Once a benchmark is established, then assessments are re-issued to measure improvement.	 Benchmarking includes Strategic Alignment Surveys (SAS) for CEO, Senior Team, groups, departments, or divisions, and/or the entire organization, initially and periodically after services have been delivered and skills implemented Ntrinsx surveys are provided for all to determine temperaments and to increase diversity awareness Performance targets are identified, tracking is in place, with reporting to leadership and LifeWork Systems 			
 3. Get all Senior Team members "on the bus" and develop a plan Bottom Line: The Senior Team designs a custom plan and develops a strategy for rolling it out. Each team member is aware of their obligations and is committed to the plan and their role in it. They Regularly Benchmark 	 Layout the scope of work and make sure each senior team member understands all requirements and timelines. They agree to the schedule, roles, new tasks and in creating all deliverables of the process with their midlevel managers, supervisors and ultimately with the entire company or organization 			

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 3a. Senior team believes in people and has made a commitment to building high trust in teams and with all staff Bottom Line: Senior team learns the skills, models them for others, oversees new practices and walks the talk, first with their peers, then with managers and supervisors, then with all employees. Note: Every person is mentored monthly, no exceptions 	 Senior team becomes cohesiveness and engages in Trust-building (until high levels of trust are in place) Teambuilding Effective communication Mentoring Blueprint building for alignment Identifying performance targets and tracking them Effective meetings Tracking culture practices (e.g., training, mentoring) Senior team prepares to introduce all components and oversee midlevel management as everyone participates in 			
	 Distributive learning for all Integration of core values and 8 values to build trust Supporting group facilitators as they rotate monthly Support through leadership development Mentoring sessions by self and midlevel managers 			
 3b. Senior team understands that one of the keys to building trust and personal responsibility is a values-based culture Bottom Line: Senior team uses, lives by, decides by, designs by, hires by, fires by, orients by, the core values and the 8 values that build trust. 	 Senior team over-communicates blueprint and direction (purpose, values, visions, goals, procedures, and roles) and further builds trust by Making values operational in the workplace Modeling new skills and practices themselves and talking about what's next Setting up new hiring, firing, orientation protocols based on values of the culture and tracking adherence 			
 3c. Senior team is committed to the organization's purpose, values and visions for creating a responsibility-based culture Bottom Line: Transfer of responsibility to all for relationships, productivity and engagement is priority for senior leaders. 	 Senior team makes certain responsibility and accountability are happening Building capacity for change with all staff Reviewing commitments with all staff Participation in all project and oversight activities Mentoring some of the employees Discuss, create, and implement new processes Manage teams and help them promote the values and vision of the organization on an ongoing basis 			
3d. Senior team have adopted a <i>values-based</i> strategy to transform the culture	 Senior team makes certain accountability is happening by Ensuring all systems are purpose and value based, not profit and activity driven Identifying future subject matter experts and leaders Mentoring staff and involving them in change process 			
Bottom Line : Implementation of values is a key focus for saturating the environment with values-based behaving	 Building capacity for change with all employees Hiring, firing and orientation policies are revised to be aligned with culture practices, purpose, and values 			

 4. Ensure all Managers and Supervisors are building trust and creating an environment where people are self-directed Bottom Line: Managers and supervisors, who report to the senior team, are distributing skills, creating buy- in to the plan, and developing leaders at all levels. 	 Managers and Supervisors have taken initial training and are being mentored by senior team members. They are now Reporting on status of work with direct reports Demonstrating mastery of skills for improved relationships, productivity, and engagement Identifying and inviting staff members to become subject matter exerts (SMEs) on the culture Helping design and implement changes that reflect new culture and values 			
 4a. Ensure all Managers and Supervisors have the emotional intelligence to build a high level of trust with their team members Bottom Line: Managers and supervisors, are walking the talk and modeling skills so their staff trusts their commitment and are willing and encouraged to do same. 	 Managers and Supervisors are now Continuing to learn proficiency in use of skills Continuing to receive mentoring Evaluated and promoted on their ability to model EI and build trust Practicing teambuilding skills with staff Demonstrating knowledge and use of skills and tools Hiring, firing, and promoting based on emotional intelligence, trust, and core values of culture in mind 			
 4b. Develop their coaching and counseling skills and talk with their team members about their relationships and performance Bottom Line: Managers and Supervisors stop managing. They coach and model new behavior 	 Managers and Supervisors are now Conducting group sessions with direct reports Modeling/practicing skills with their direct reports Mentoring staff Using effective communication Getting support from <i>their</i> mentors to build trust and resolve issues with team members 			
 4c. Ensure all staff are included, see their work as meaningful and how it contributes to the organization's success Bottom Line: Managers and Supervisors focus on developing leadership and intrinsic motivators. 	 Managers and Supervisors are now Using encouragement strategies regularly including appreciative inquiry Encouraging team by speak about contributions Tracking and celebrating progress Providing recognition for results related to vision, trust, and values 			

 4d. Develop team members' skills so they take ownership of ongoing improvement of their own performance Bottom Line: Managers and Supervisors conduct mentoring and lead and participate in group sessions to continuously measure and improve skills and personal responsibility in self and in all direct reports. 	 Managers and Supervisors are now Inviting and providing opportunities to direct reports for demonstrations of leadership skills Developing intrinsic motivation through delegation of whole tasks with encouragement and support Spending time nurturing social and emotional intelligence skills 		
5. Create a values-based culture: all staff operate by the values that build trust Bottom Line: All leaders are reinforcing new processes and aligning procedures such as how they hire, fire, onboard, and educate staff with values as they implement and integrate the new culture model.	 All employees have been: Provided the skills and processes in a fully distributive manner for changes in behavior and functioning Onboarding new staff into the culture model Every employee is mentored weekly or bi-weekly Every employee is responsible for relationships, productivity and engagement. Every employee understands it's not acceptable to operate outside of the 8 values that build trust or the core values identified by the organization as a whole. Hiring and firing processes are related to the culture. 		
 6. Give all staff opportunities to learn how to operate in cross-functional teams Bottom Line: Senior executives, managers and supervisors all promote leadership skills by training staff in practicing leadership, collaboration, and teamwork in specific cross functioning events. 	 All employees are given the training and opportunities to practice cross-functional teamwork and exercise initiative, shared power and leadership: Opportunities to lead meetings Delegated whole tasks and work with related stakeholders within the company (at all levels and from a variety of disciplines and temperaments) Staff become skilled at the necessary behaviors and protocols for proactive creating, collaboration and cooperation events and projects Use of appreciative inquiry ensures productive teamwork 		
7. Use cross-functional teams to redesign systems, processes and structures Bottom Line: The transformation process culminates as all stakeholders participate in redesigning elements of the organization so that the purpose, values and visions of the organization are reflected throughout.	 Because all employees have been taught how to be self-motivated and emotionally and socially intelligent and effective in cross functional teamwork, together they are: Working in effective teams to examine and improve all business, customer service, internal culture, R&D, technology, HR, and any other system in order to promote ongoing improvements and excellence They create solutions to meet existing and future visions TOGETHER to accelerate effectiveness of their efforts. 		

Fill out your answers to the following questions. They will be discussed at your next group session.

For Reflection and Practical Application

1.Step 4 is about everyone becoming *self-directed*. At LifeWork Systems, we often see a lot of resistance by some individuals to adopting personal responsibility especially in this session as each learns the blueprint process and chooses his or her purpose and values. Why might the development of leadership, purposefulness and values within a person sometimes be challenging and fear-inducing? Where are you personally regarding creation of your own blueprint and why?

2. Step 5 is about *all* employees co-creating a values-based workplace culture and keeping it front and center now and later. What is one operational idea you have to help make sure this is being done for us and for new employees?

3. Step 6 is about getting plenty of opportunities to function as both a follower and a leader in any given moment, no matter what your title or role. What barriers do you face to functional teamwork? What will personally help you to become stronger at collaborating and also at either leading or following, as needed?

4. Step 7 is about participating in group problem solving because you have specific knowledge, talents and gifts to contribute. What thoughts and behaviors will help you become proactive in taking initiative? What helps you use your personal power with full engagement, without fear or hesitation?

How Do I Clarify My PURPOSE?

 Think of three memories that stand out in which you felt the most alive, the most connected, and/or most fulfilled. Note: Do not generalize (e.g. "when I had each of my children") but rather seek a specific moment in time in which you felt a heightened sense of rightness, awe, exuberance, stillness, or anything meaningful regarding the experience you remember.

1.

2.

3.

2. What is common in all three memories?

3. What were you doing, deciding, causing?

4. If you could describe in one word, a few words, or a short phrase, what would you want on your tombstone (your lasting **legacy** and **reputation**)? My purpose is:

How Do I Clarify My VALUES?

- 1. Re-write your **Purpose** statement here. My Purpose is:
- 2. Think about what you are *doing* and how you are *being* when you are *causing* your **purpose** (e.g. daily, spiritual practice, thinking gratitude, being patient). Write values here:

Value:

Value:

Value:

Value:

Value:

Value:

Value:

Value:

Value:

These are at least some of your **values**...the means for accomplishing your purpose, *causing* your legacy. <u>Write and</u> <u>circle at least three or four of all these values</u> that best support your **purpose.**

3. Think about what you are *doing* or how you are *being* when you are **blocked** from *causing* your purpose (e.g. procrastinating, complaining, blaming). Now, think of the opposite of these behaviors. This will help you unearth more possible values.

Value:

Value:

Value:

Value:

Value:

Value:

Value:

Value:

Value:

These are at least some of your **value blockers**...these keep you from accomplishing your purpose or *causing* your legacy. Write and circle *at least* three or four of all these value blockers and the opposite values that will help you overcome them and support your **purpose** instead.

How Do I Clarify My VISIONS?

- 1. Re-write your **Purpose** statement here. My Purpose is:
- 2. Vision Statement: Think about several ways you want to *express* your purpose at this time; what do you envision specifically in the next six months or year. For example: <u>I have a highly fulfilling career</u>. Several possible vision *statements* for you are:

Vision 1:

Vision 2:

Vision 3:

3. Choose at least one of the vision statements above and fill in these details:

Vision #_____

Why this vision? (how does it tie into and help you express your purpose?

Because...

My results: (Outcomes you are witnessing. What your story is when it's fulfilled; it does not include how)

My **feelings** (when this vision has occurred):

How Do I Clarify My GOALS, PROCEDURES AND ROLES?

1. Re-write your **Purpose** statement here. My Purpose is:

2. Pick key concepts from your *expanded* **Vision** *statement* on the previous page and any that might need goals that fit with the results from that vision. My Vision is:

Note: I usually underline or highlight sentences in my vision that require goals that are set next.

 Define one SMART goal (Specific, Measurable, Actionable, Responsible and Time- Bound). One of my goals is: What?

By When?

How Many? (If applicable)

My Strategy

My Procedures are:

Role: Role: Role Role

My Support Witness is

COMMITMENT

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth—the ignorance of which kills countless ideas and splendid plans: that <u>the moment one definitely</u> <u>commits oneself, then Providence moves, too</u>. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events, issues from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way.

Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it. Begin it now.

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Creating Your Blueprint for Alignment

There are six areas in which you need to gain alignment if everyone is going to be fully engaged, committed and cooperative. Everyone must have clarity about what direction they are going and what they can do now (and each step along the way) to help get there. The six areas are:

- 1. **Purpose** <u>Why</u> we exist. . . our purpose, the reason we exist
- 2. Values <u>How</u> we operate. . . our standards of *behavior* and *being*
- 3. Vision(s) <u>What</u> we choose to do now in order to fulfill (*express*) our purpose
- 4. Goals <u>What</u> we do in the short term to achieve our Vision(s)
- 5. **Procedures** Steps we take *specifically*, to achieve our goals
- 6. Roles <u>Who</u> is responsible for completing steps and achieving goals

You are provided an excel spreadsheet (shown below) to first capture your purpose, values and visions first. There is a 2nd tab (pictured further down) for you to use for your goals, procedures and roles within each vision. **Note**: I usually underline or highlight sentences in my vision (after fully written) I identify that will require goals I set for each.

	My Name is					
	My Purpose is what I am committed to cause for myself and others: (write it below)					
	My Values What I am committed to do and how I will be to live my purpose (write them below)					
1	6					
2	7					
3	8					
4	9					
5	### Trustworthiness (Honesty, Receptivity, Straightforwardness, Disclosure, Respect, Recognition, Following through on Commitments and Seeking Excellence) THESE ARE REQUIRED IN ADDITION TO YOUR CORE VALUES					
	My Visions Statements are how I choose to express my purpose now and in the near future					
NOTE: You are not limite s maximum or minimum number of visions. Your vision paragraph goes below your overall vision statement(s) It describes what a day would be the when your vision is reached NOT HOW YOU GET THERE. Why you want it, the results and feelings. What's happening? How will you and others feel? What will it cause ? For you? For others? Your organization? What might all be saying/thinking?						
1	A vision statement is:					
WНУ	Why = Our meaningful reason(s) for making this vision important and making it happen					
	Results = Experiences when our vision has materialized: What's happening? What's <i>caused</i> for self, others? What is the best story you can tell?					
RESULTS						
FEELINGS	Feelings = Emotions you and others are feeling when this vision is achieved					

See this 2nd page tab below. You start by listing your purpose and one vision statement. Then you start to fill in S.M.A.R.T goals (they are **S**pecific, **M**easurable, **A**chievable, **R**easonable and **T**imebound). *Roles* come last because it is not until you get all of your procedures laid out that you recognize the amount of work in each goal. Often, this is one way to avoid over-loading a coworker and determining who or how else these tasks can be delegated and accomplished.

My Purpose is:							
Vision 1:	Vision 1:						
l want	By When	Qnty	Strategy	Procedures for each Strategy	Completed?	Role	Reporting/ Witness
	- -		1	1			
Vision 2:		1		-			
l want	By When	Qnty	Strategy	Procedures for each Strategy	Completed?	Role	Reporting/ Witness
	1		1	1	1	1	1

Statements from the Jim Carrey Video

The video speech by Jim Carrey provides excellent examples of purpose, values, and visions. **Consider his words and choose three (or more) statements about which you write how they impact you and what they mean for YOUR life.** (you will be asked to share reflections you write on 3 or more of these on page 16 below, at your next group session):

- 1. "I'm here to plant a seed today; a seed that will inspire you to move forward in life with enthusiastic hearts and a clear sense of wholeness. The question is 'will that seed have a chance to take root?'"
- 2. "Fear is going to be a player in your life. You get to decide how much." "Many of us choose fear disguised as <u>practicality</u>." Jim's dad chose a 'safe' job as an accountant when he could have been a comedian. He ended up losing that 'safe 'job. "You can fail at what you don't want so you might as well take a chance at doing what you love."
- 3. At 28 he "realized the purpose of his life had *always been* to <u>free people from concern</u>; help them to <u>relax and</u> <u>present their best selves wherever he goes</u>."
- 4. "What does the world need that your talent can provide?"
- 5. "I had arrived at the top of the mountain and the only one I hadn't freed was myself."
- 6. "Who would I be without my fame? If I said things people didn't want to hear or if I defied expectations?"
- 7. "That peace we're after lies beyond personality, beyond perceptions of others, beyond invention and disguise and beyond effort itself. To find real peace you have to let the armor go."
- 8. "Your need for acceptance can make you invisible in this world."
- 9. Don't let anything stand in the way of the light that shines through this form. Risk being seen in all of your glory (that's when he shows the picture *High Visibility*) "Some crazy characters up there but better up there than in here."
- 10. "We are not the avatars we create. We are not the pictures on the film stock. We are the light that shines through. All else if smoke and mirrors, *distracting but not truly compelling*."
- 11. "I wish people could realize all their dreams and hopes of wealth and fame so that they can see that's not where they're going to find a sense of completion."
- 12. "I came to realize there is nothing bigger than myself. My soul is not contained within the limits of my body. My body is contained within the limitless of my soul."
- 13. "You won't be feeling the world. You'll be felt by it."
- 14. "I have a reset button and I ride it all the time."
- 15. "The imagination is always manufacturing scenarios, both good and bad and the ego tries to keep you trapped in the multiplex of the mind. Our eyes are not viewers. They are also projectors that are running a second story over the picture we see in front of us all the time. Fear is writing that script and the working title is 'I'll never be enough.'"
- 16. "If you listen to the voice of the ego, you will always find someone doing better than you. Ego will not let you rest."
- 17. "How tricky is this ego that it would tempt us with a promise of something we already possess?"
- 18. "Let the universe know what you want and work toward it while letting go of HOW it comes to pass. Your job is not to figure out HOW, but to open the door in your head and when the door opens in real life, just walk through it."
- 19. "I say, "Life doesn't happen to you. It happens for you." I don't know if that's true. I'm just *making a conscious choice to perceive challenges as something beneficial* so that I can deal with them in the most productive way."
- 20. "Why not take a chance on faith? Not religion. Not hope. Hope is a beggar. Hope walks through fire. Faith leaps over it."
- 21. "You only always have two choices. Love or fear. Choose love and don't ever let fear turn you against your playful heart."

Your Reflections from viewing Jim Carrey Video

Three (or more) statements (from above) I am writing about below have inspired and educated me on purpose, values, and visions in a specific manner relevant to myself. Here are my reflections:

1. Number_____. I chose this statement to write about because...

2. Number _____. I chose this statement to write about because...

3. Number _____. I chose this statement to write about because...

4. Number _____. I chose this statement to write about because...



It Just Got Real!

Name	Date
A-Ha Idea	Challenges or Barriers
Resources (how will you overcome challenges o	or barriers?)
1 Next Step	Date
A-Ha Idea	Challenges or Barriers
Resources (how will you overcome challenges of	or barriers?)
2 Next Step	Date
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